

**TAMIL NADU BOARD EXAMINATION IN GENERAL NURSING  
AND MIDWIFERY-FIRST YEAR**

(New Syllabus-3 ½ years)

Jan / Feb- 2015

**Paper-III- Fundamentals of Nursing  
Including First Aid and Personal Hygiene**

Time – 3 Hrs

(Maximum Marks: 75)

(N.B.- Answer All Questions)

Marks

5 x 1 = 5

**I. Define the following:—**

- a) Isolation
- b) Haemorrhage
- c) Dyspnoea
- d) Sterilization
- e) Enema

**II. Match the following:—**

**A**

- a) Terminal disinfection
- b) Midstream urine
- c) Analgesics
- d) Unconscious patient
- e) Shock

**B**

- Airway
- Head low position
- After patient goes home
- Drugs used to relieve pain
- Culture

5 x 1 = 5

**III. Fill in the blanks with suitable words:—**

- a) Benedict's solution is used to test urine for ----- .
- b) Cardiac patients are kept in ----- position.
- c) Parotitis means inflammation of the ----- .
- d) Rabies is caused by ----- bite.
- e) Examination with the help of stethoscope is called as ----- .

5 x 1 = 5

- IV. Choose the Correct Answer :— Marks
- a) When Ice bag is applied the heat of the patient's body is transmitted by 5 x 1 = 5
- |                  |                |
|------------------|----------------|
| i) Conduction    | ii) Convection |
| iii) Evaporation | iv) Radiation  |
- b) 'HS' means
- |                  |                  |
|------------------|------------------|
| i) Early morning | ii) Immediately  |
| iii) At bed time | iv) If necessary |
- c) The device used to prevent foot drop is
- |                 |               |
|-----------------|---------------|
| i) Bed blocks   | ii) Back rest |
| iii) Bed cradle | iv) Sand bags |
- d) The best method of sterilization is
- |              |                       |
|--------------|-----------------------|
| i) Boiling   | ii) Autoclaving       |
| iii) Flaming | iv) Ultra violet rays |
- e) The heat regulating centre is
- |                |                       |
|----------------|-----------------------|
| i) Cerebrum    | ii) Hypothalamus      |
| iii) Pituitary | iv) Medulla Oblongata |

V. Write short notes on **any five** of the following:—

5 x 5 = 25

- Admission procedure in the out-patient department.
- Mention the basic nursing care needs of the patient.
- Indications of Mouth care
- Importance of records.
- Contra-indications of hot and cold application.
- Preventive measures of Bed sore.

VI. Answer in detail **any three** of the following:—

3 x 10 = 30

- Define First Aid.
  - What are the golden rules of First Aid?
- Nurses responsibilities in collection of specimen.
- Nursing implications in administration of drugs.
- Care of Fever patient applying nursing process.

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